

A Little Juju Podcast

Episode 16: \$ecure Your \$piritual Bag\$

IG: @itsjubae, @ALittleJujuPodcast, FB: Jujubae, Twitter: @itsjubae

0:00 (sings) Welcome to, A Little Juju, Hey! Welcome to (laughs) A Little Juju Podcast. I don't know what that was. The podcast all about Black—yes, BLACK—Black— Now listen here, I know all kinds of people listen to my podcast. I can't control who listens, I'm not interested in trying to control who listens. I don't have time to try to control who listens, but lemme tell you: I am a Black woman and this podcast is centered around Black people, and Black ass spiritual practices. Our Black ass ancestors. And all of the wonderful science that they collected and studied for us to be able to use to better our lives. To better our situations. To grow a community with each other, and to get free, and to heal ourselves! Iba sé Egungun! Praise and honor to the Ancestors. To Black people. That's what this podcast is focused on and centered on. I am your host, Juju, and I started this thing 'cause I just had a lot of shit to say. And the Ancestors had a lot of shit to tell me to tell other people, so I was like "I have to start a podcast." That is what this podcast is about, that is what this podcast is centering, and I'm excited for today's show. Let's just get into her! Let's get into it!

1:37 [podcast intro plays - A Little Juju (single)]

2:38 Hi, y'all. I am so fired up right now! I don't know—I'm in such a good mood. I went to church today. This is my third week in a row going to church, so clearly I'm a Christian woman (laughs), 'cause I—Baby 'cause I'm fired up in the name of Jesus today! The church service was so good. I am not fired up in the name of Jesus, by the way, I'm just joking. But the service was really good and the pastor, he was really giving me—the way he was interpreting "the gospel," was in such a West African perspective. It was in such an honest reading of Romans that even though fundamentally I am not Christian, I do not believe that Jesus Christ is my lord and savior, thus, from a Christian perspective, I am not saved. Pero, he really broke down this concept of salvation and what it means, and how in Christianity people are always talking about what you're getting saved from. Like "Oh, we believe in Jesus because we're getting saved from the fiery pits of hell or saved from the devil." And he really was like, "Yo, the devil and hell is actually a recent theological concept. Originally, that was not really a part of when we're talking about salvation. It was about salvation—we are saving ourselves into something." So he talked about, what are we saving ourselves to instead of what are we saving ourselves from, in this whole fear-mongering that happens within Christianity. And he was talking about equity, and he was talking about police brutality! It was so full and it was so revolutionary. And it was so—even just talking about the power of speaking. Speaking your salvation—the power of saying that you are healed. The power of saying that you have enough. The power of saying that you are a divine being, can vibrate into the Universe in a way that completely will cancel out all of the other things that tell us that we are the opposite of those things. And there's a lot of things in this world that tell us that we are not enough. There's a lot of things that tell us in the world that we will never be healed. There's so many messages that we get about ourselves, so what if we just proclaimed, "Nah. Fuck that shit!" He didn't say that, but it was such a—it was truly a way that I've never heard Christians talk about their own text. So I really appreciated it and I was like, "You know, sir, you really are talking about—it sounds like a whole other religion. It sounds like you talking about something else. You

Juju Bae

talking about our ancestors. You talking about what they believed in, through the science that they collected.” So, I just am so excited about that and it really moved me, as you can see. I’m sitting here telling y’all what I learned in church today, but hey like I said before in another episode, or somewhere I said it: I can get a message from anything. There are messages everywhere for me to learn. So I will take them all in the forms that they come. I promised myself to learn and to get something new from them, so I did. Asé to church today! Shoutout to Lighthouse Church in Chicago. Shout out.

Anyway y’all, I have had a very interesting week. Let me get more specific, eye-opening week. Wild week. Spiritually-elevating week. Powerful week. I’m leaving my job very soon. By the time this episode drops will be my last day. I’m sorry, it drops the day before my last day at my job that I’ve been at for a couple years now. I’m leaving that job because my ancestors told me to. It is no more or less than that. Well different spirits, my ancestors being one, of the many different divinations and entities and spirits that have told me to leave this job. I love my job, I love the people there, so it was very difficult for me to receive information that I had to go by a certain time. I did not have any backup plan. I did not have any kind of anything prepared because I planned on being at this job for longer. When you hear this, I will be on my second to last day at that job because I listen to spirit at the drop of a hat. If it tells me I’m not supposed to be fuckin’ with somebody, if it tells me I’m not supposed to be in a space. If Spirit tells me I’m not supposed to do anything, I do not do it. I’ve lost a lot of things within the past six months. It’s been very hard for me because I’ve lost a lot of things that I thought I held dear to me, but in time it was revealed that I needed to let those things go to move on.

So, the first thing I wanna say is that this whole process of–this journey, this healing journey, this ancestral journey, this spiritual journey. It is not easy, you’re gonna be required to sacrifice, for sure. But it is all for your greater good and it’s things that might feel comfortable in a moment that actually you’re not–that you needed to let go because either you’re being a little bit too comfortable in your situation or you’re engaging in something that actually is just not in alignment with your destiny. In order to do that, sometimes you have to let go of things that you thought were good for you. So, I had to leave. It’s been hard because I sit back and have moments of lack of faith and I doubt. I’m like, “Why the fuck would y’all tell me to leave some shit that I need? I need a job. That’s what pays my bills (laughs).” I’m actually at this point of deep, deep, deep trust. And knowing that I’m gonna be okay but the reason I’m saying I had such an eye-opening week is that I got so many different confirmations that I’m gonna be good. Starting off from my therapist, who I’ve said this before, is a witch and is a priest of Oshun. She practices Palo and she also practices Hoodoo, so she gets me. She understands me. She’s not gonna institutionalize me for saying that I hear spirits because she does too.

She really just spoke a lot of affirmations over my life and she usually keeps a good boundary of being my therapist and not really bringing in her own gifts or not tryna read me. She doesn't do that. She does CBT–cognitive behavioral therapy–and she sticks to that. But this past week, I was telling her, “I think I’m crazy. I really just left my job because sPiRiT sAiD sO. I have no backup. I don’t have–” She just started speaking over me, y’all.

Really saying some encouraging ass words and things that she saw for my future. It was a stamp of 'I am on the right path.' I was crying. Spirit was in the room when she was speaking and it was amazing. She was like, "I just had to tell you. You good." I was kind of talking in therapy this week about how difficult it has been for me—well it's not difficult for me to trust Spirit. But it's difficult for me to have community of people around me who trust me and believe that I'm trusting something that makes sense for me, and that I'm not doing or engaging in something that's inherently gonna fuck me over. I know that. I know I'm on the right path, I know I'm following the practices, and religion, and spirituality that has called me and that wants me to align with my highest self. And wants me to be on the path of my destiny, but a lot of times, there's things that might be required to do that don't seem normal to a lot of people. That has been really difficult for me to process and to tell someone like "Hey, I'm leaving my job in two weeks." It's like, "Wait, so what's next for you?" And it's kind of like, "Ummm yeah. Ummm I'm working on that. I don't know. I really didn't have a plan to leave my job." It's so many different things have happened like that. Even with my ex-partner, Spirit was like, "Oh baby, that is a done bun. Get out now!" I would imagine, for my partner, the breakup was out of left field. And it wasn't now that I have time to reflect and think about it, but in that moment, I would completely understand and see how it was like, "Wait what. I gotta do what?!" But when I listen, my life excels, always. But I was telling her just how difficult it is. People around me don't understand. People around me don't see why I do certain things, why I associate with certain people. They don't know that it's grounded in a practice. It's grounded in what my ancestors are saying is okay and not okay. She was like, "If you keep worrying about what people think, this is the wrong spiritual practice for you. Because you gon' be doing shit that other people see as odd and weird and nonsensical. And things that don't make sense. As long as you know why you're doing it, you're gon' be good."

She went on to tell me this story about how she had a divination and Ifá was telling her that she needed to fill up buckets of water and pour them down her front steps—outside in front of her house, down those steps. She needed to throw water down the steps in the front of her house. She was like, "I did that for a week 'cause Ifá told me to. I'm sure people outside were looking at me like, 'Why is she doing that? Is she cleaning? What is she doing?'" She was like, "But I did and when that week was up, the next day, my neighbor—" Someone threw a bomb in her neighbor's house—a homemade bomb—the neighbor's house caught on fire. Obviously burned the house down, burned the other neighbors' house, scorched the front of the other neighbor's house. And was her house touched? No. Not at all. Her house was perfectly fine, untouched, not a smoke damage. Nothing. Right next to someone whose house was bombed. She was like "Because Ifá was telling me to put the fire out before a fire even came. That is what this religion does. It puts out your fires and warns you of things that can happen before they happen so that you are armed. To be forewarned is to be armed." She was forewarned. She was putting out, literally, putting out a fire before the fire came. That was such a confirmation to me that I am doing things that I'm supposed to be doing, and that I don't need to wait around for fires to come, but sometimes it's cause and effect, and then sometimes—wait, what was I gonna say? Shit, I forgot my metaphor. But anyway, what I'm saying is sometimes shit happens and then we have to react. But sometimes we can just react to something that hasn't happened, but then it does happen.

So we can react and then there's a cause later. You know what I'm trying to say? That might be too deep for the podcast, but I felt so affirmed in that.

15:04 And then, y'all, I had a conversation with my grandma, who is a very Christian woman. Typical, Black grandma, Christian woman. Ooh lord, y'all. I'm so sorry about my radiator. I had to wait for that to go away 'cause I was getting annoyed. Anyway! I talked to my grandma. I was on the phone with her telling her I was leaving my job and she asked me, she was like, "What made you leave your job randomly?" I was like, 'Okay, am I about to lie or am I about to keep it a hunnid?' Something in me was like, 'You need to tell your grandma that you talk to spirits. You need to tell your grandma that you see them. You need to tell your grandma that you hear them. You need to tell your grandma! You need to come out! You need to spiritually come out.' And I was like 'Oh shit, okay.' "Umm, Spirit told me to?!" I was like, "Grandma, sometimes, I have dreams about things that come to pass and sometimes I see things and hear things. And sometimes I interact with granddaddy [my grandpa who died]. Sometimes I can interact with granddaddy. Sometimes I can interact with your mother." I'm breaking it down in an easy way and I said it in a very, 'Sometimes God talks to me.'" And I started crying and she was like, "You're just like me." She was like, "You're just like me. You come from a line of people who could see things before they happened. I ask God to show me things and he shows me immediately. Even if I lose something, I find it right after I pray. And I'm always gonna be around you. Even after I die and breath leaves my body, I will never not be around you. And I will be protecting you and loving you and making sure that you're good. Literally, forever." And y'all, I was bawling. I was bawling because I was so afraid and fearful to tell my grandma that I have these experiences when I mean (sighs)—when I knew somewhere deep in my heart but was too afraid to say that, obviously, we get these gifts from people in our lineage. We inherit these gifts from our elders, and from our parents, and from our ancestors. I think the Christian part threw me off 'cause I'm like I don't know if what she will think that what I'm saying is demonic. But she was like "No! You have a gift from God. God gave you those gifts, not the devil." And I was like, 'Okay, okay, I'll take that.'

But no, it was so affirming. It was so like, 'You do what God tells you to do. God puts things on your heart people won't understand, they don't have to understand. You understand and God understands.' I felt so seen. I felt so affirmed. I felt like the Universe is showing me in so many ways that I'm doing all right. I'm doing okay, I just need to be focused. I just wanna offer that encouragement to you all, that I've been over here sacrificing and sometimes I make shit look glamorous and it's not glamorous. I don't intend to do that but I don't always talk about the shit that I'm experiencing and going through. It's not easy. Trust that I deal with a lot of f'd up stuff. Even though I have a very strong spiritual foundation, and even though I talk to Spirit and I have a lot of guidance, and I am blessed to be able to avoid those fires because I'm constantly throwing water on my front steps, but there's still fires. There's still things to avoid. There's still a lot of sacrifice, there's still a lot of crying, there's still a lot of healing that has to happen for me. There's a lot of stuff that it wouldn't be time to list and still, I've found a way to be able to continue to move about the world in a way that's where I can lift my head high and know that I am still a divine being and so I just want y'all to remember that, too. Even through all the fuckery and the bullshit,

ground yourself in your spiritual practices. Ground yourself in what your beliefs are and name all the things that you wanna be. Name your accomplishments out loud. Say that you are divine. Say out loud that you are powerful. Say out loud that you are willing to do what it takes to be able to be in alignment with your higher self, and to do and fulfill the goals and tasks that we are supposed to fulfill while we are on this plane. In this current embodiment. What are you supposed to learn? What are you learning from your experiences? What are you continuing to do over and over again? What are the things that you need to let go that are really, really, difficult to let go but you know somewhere deep down in your heart, you ain't supposed to be engaging in that thing? And really start to do that. And you will see the affirmations of the Universe being like, "Yep, I know it's hard but someone else is gonna tell you right now that you're doing a good job and that they see you."

What brought you to this podcast? Something is pulling at you or you wouldn't be listening to me. Especially people who've listened to a lot of episodes, or just some episodes, or there's something that you're tryna figure out. Don't take that for granted that you are here listening to this very specific kind of podcast for a reason. Okay? Because you have a job to do, and it's some people, it's some beings, it's some spirits, it's some energy that's pushing you and pulling you to really tap into something so that you can be great, because you are great. And remember that you're great! You don't even need to be great. You are great. Your essence is great, but you have to remember that and name your greatness. And name your power. I was listening to Iyalosa Oshun Yemi Akalatunde on YouTube, amazing elder, I've talked about her before on the show. She did a reading of the year, and she consults with Oshun for her readings, she's a priestess of Oshun. Oshun said one of the blockages for us collectively—this is for all of us, this pertains to all of us, collectively this year. One of the blockages is not remembering—no, matter of fact. Let me go to the video, 'cause ion even wanna say it wrong. The blockage, collectively, that we have is not demanding and taking what is rightfully ours. That is one of the blockages of 2019, collectively. That we, as Black people, are not demanding and taking what is rightfully ours. A second challenge that contributes to this blockage of 2019 is that we, collectively, we are inundated with messages constantly about how we are not enough. So much so that we have taken on the identity of not being enough as we are. Period! If we continue to exist as she named it, in this lowness, if we continue to accept this lowness, accept these narratives about us as true, then we will lose our inheritance.

This is not from my mouth, this was from Akalatunde's mouth, but that is from the mouth of Oshun for 2019, collectively. We have to basically remember who the fuck we are. That is our job to do. Every year, this year especially. Or we could risk losing our inheritance. We have to really commit, this year, to figuring out who the fuck we are and what the fuck we doing. And demanding what we are rightfully owed. This year and every year, because that is a blockage. And educate ourselves around who we are—to remember, to remember that we are ingesting information about ourselves that will uplift us and make us feel good and no longer entertaining people, situations, institutions, media, whatever that tells us anything other than that because our inheritance is on the line. Okay? I ain't mean to get into all that preachin', I was just tryna tell y'all about my week and I been going on about

25 minutes. I just had to uplift that ‘cause it was on my spirit and I had to share it. So, hey, if you needed an affirmation this week, that was your affirmation. You are more than what people tell you that you are. And if you don't believe it, then you need to take yourself on a journey to figure out who you are. But we cannot exist in the lowness anymore. We are everything but low. Okay? Now, let's talk about how you can keep the lights on in this podcast and pay me for this good word (laughs)!

25:50 [intro snippet plays]

25:54 Whew, Lord. It's offering time, eh (laughs). So, I have different ways that you can donate to A Little Juju Podcast. Donating monetarily is super important because this podcast—creating it, putting it together, getting materials for it—all of that is labor and it is not free. All the different little gadgets that I need, all the different computer parts and hardware that I need is not free. The different softwares are not free. And this information, I mean it's a lot—it can be a lot to come up with and plan for. It helps keep the lights on. It helps me continue to be able to produce a weekly podcast for you all by myself. And to hopefully be able to grow it into something that I can build a team of people around to support me and also pay them. I'm not sponsored by any sort of big corporation. I'm not through any other—I do this literally out of my own pockets and my Patrons who have helped me so far. And out of a space of love and that's it. So, any monetary donation matters so, so much to me. And it is appreciated and it's necessary because, without them, this show literally would not exist and could not exist. It could not exist, period (laughs).

The first way to donate monetarily is through a monthly commitment, through the site Patreon. Through Patreon, I ask for folks to donate \$3/month, that is \$36/year. You can commit to doing that on Patreon.com/jujubae, which will be in the show notes. It's a more consistent way to help make sure that the lights are being kept on monthly. You can also pay more or less than \$3, it doesn't have to be \$3/month. It can be as low as \$1/month and it can be as much as however much you have in your heart to give me a month. It's up to you, I just ask for \$3/month. The second way to donate is through Cash App or through Paypal if you wanna do a one-time donation. If you can't commit to the monthly \$3, then you can always send me a one-time donation when you got it, like “You know what, I got a lil' extra coin. Imma send that to Juju Bae.” You can do that too. I will have my PayPal and Cash App in the show notes. My Cash App is \$itsjujubae and the PayPal is my email, thejujubae@gmail.com.

Some other ways that you can help support the podcast is through telling people about it, is through sharing it, is through talking about it, is through rating the podcast. Subscribing on Apple and leaving comments in Apple Reviews. You all always message me telling me how much you enjoy the podcast, I appreciate that. You can always copy and paste what you send me and put it on Apple or whatever platform that you're listening, to show folks this is a good podcast, to get the word out, to spread the good juju gospel together. I also have a book list that you can donate to, I have an Amazon book list. It's a bunch of books that will contribute to my studies and continuing on my journey through priesthood, and wanting to gain all the knowledge that I can to be able to better serve my community with education

and materials and whatever. You can always donate a book. You just buy the book, it'll get sent right to my address. All that is in there, you just buy the book off Amazon. All of that will be in the show notes. Also, I am opening up the podcast for sponsorships. If you have a business, if you know somebody with a lotta money, if you got a lotta money, if you're looking for something to support, some type of art. You can sponsor an episode and you can shoot me an email, we can talk about costs for that and then I will maybe do some promo for some of your products—hopefully spiritually relevant products to the podcast, not nothing super random. Or if you just wanna do a lil' silent sponsor, hey, send me an email! We can talk! Those are all the ways to donate, I appreciate everyone who has donated and I wanna shout out my new patrons of this week.

I have one new patron this week and the patron is my friend, [Patron's Name]! Thank you so much [Patron's Name] for donating and for being my one patron this week. I really appreciate you. I appreciate everyone who donates, everyone who is a patron. I feel like the list is growing, the Juju Bae family is growing in so many ways and I just wanna muster up all my good juju and thank you all for sending me and sharing the energy of money with me. We're gonna talk about that a little bit later—a little bit about money and its energy. I don't take that lightly at all when I receive money from people. So, I pray [Patron's Name] and all my patrons that the money that you give me may be flipped, and turned, and sent right back to you tripled, quadrupled, as a thank you from me to you. That all your needs are met, that you are healing in the ways that you want to, that you have love in the ways you want to, and peace how you deserve to as a divine being. I appreciate you all. I love you and thank you, thank you, thank you, thank you, thank you to all of my supporters and all of y'all who show me mad, mad love.

31:34 [intro snippet plays]

31:37 Let's hop right into our Heal Yo'Self segment. The Heal Yo'Self segment is where I share juju related tips and tricks to better heal our bodies, our minds, our spirits, etc. Today, I wanna share the herb St. John's Wort. This is a plant or herb that is often seen or understood as a weed in the United States. Weeds have just gotten this really negative connotation. We don't like weeds, we tear weeds out, weeds mess up our gardens. Weeds, weeds, weeds. But a lot of these weeds have a lot of powerful properties to them and healing properties—so many different types of weeds, y'all, have so many different healing properties and have been used for thousands of years by our ancestors and other indigenous folks to heal. St. John's Wort is one of those herbs. This herb specifically has been used as a natural way to help treat mild to moderate depression and depressive symptoms. I know a lot of people are experiencing depression, I mean the world is fucking depressing. Things around us are depressing. We're dealing with a lot and we're carrying a lot on our shoulders, so one way to help ourselves heal and feel a little bit better is through St. John's Wort.

I have to say this is not in lieu of seeing a doctor. This is not in lieu of therapy. This might not be in lieu of taking some medication that's prescribed over the counter. That's a choice that is yours, to decide what you want to do with your body, but I just wanna offer that

there are different substances and natural remedies to use. St. John's Wort can be taken as a tea. You can buy it like a loose herb, you can make tea out of it. You can also buy the capsules from different herbal stores and I believe they also have tinctures. As a former psychology student—clinical psychology student, I might add, ahem—I know that depression and anxiety often coexist at the same time. I wasn't gonna add any other things but this is coming up, Passionflower is a good herb for anxiety. Looking into that to see if that will be helpful in perhaps mitigating some symptoms or help yourself balance out neurologically. In treating depressive symptoms, I know St. John's Wort is not FDA approved. What does that mean? That means nothing to me. That means—what is the FDA but a privatization of people tryna fuckin' own what we put in our bodies? And they say some things we can put in our bodies are trash for our bodies anyway and it's really just another way that capitalism is working. So it's not FDA approved, but I just wanna give y'all all the tea around that.

I have used St. John's Wort as a tea. I've also used Passionflower for my anxiety, which was helpful. Gotukola is also good for depression, it can be used as a tea. It's one more that I wanna say—Lavender for anxiety can also be used. It's something else! Dang. Chamomile for anxiety and Kava for anxiety—a long time used indigenous plant that has helped with anxiety and depression. I'm gonna list all those in the show notes. You should check them out. Try them out, see which ones work for you. Maybe none of them work for you, maybe all of them work for you, maybe a little bit of each. Talk to your doctor, if you have a doctor. Many of us do not, but talk to your doctor if you wanna try those out. See an herbalist to figure out dosages or you can figure it out on your own. Just be very careful and check side effects, if there's something specific in it that you might not be able to take. I just always wanna uplift that the Earth has given us so many tools, so many elements, to be able to heal our bodies. Our people healed their bodies before Western medicine. How did they do that? They did that through herbs and plants and energy and energy work. That is the Heal Yo'Self for today to get us through these depressing and anxious-ass times. Try out these different herbs and I hope that they were helpful and work for you. Asé, asé, asé ooooo.

36:36 [intro snippet plays]

36:39 Okay, so let's talk about—well let's do our Black History, Black Magic segment. This is the segment that I started doing last episode, just to highlight Black spiritualists, Black gifted people, Black psychics, Black mediums, Black priests, Black alladat, and bring some light and history to them on this podcast for Black History Month. Who I wanted to uplift today is none other than Caroline Tracy Dye, also more popularly known as Aunt Caroline Dye. Aunt Caroline Dye was born in Arkansas. Some say she was born in 1810, others say she was born in 1843. She was born as an enslaved person, so as we know, we didn't have many documents. We didn't have many documentation around when we were born, where we were from, they erased all of that so it's a little bit murky around when she was born, but it's between 1810 and 1843. She was born enslaved in Arkansas.

She is a seer, she's a very popular seer, specifically in Hoodoo. She's uplifted a lot, there's a lot of different songs about her. Blues songs, the blues is often the Hoodoo music. That's

the songs that our ancestors sang about doing Hoodoo. They reference mojo bags—mojo bags are the little bags that people carry around with different herbs and items in them for protection or luck or whatever. They sing about mojo bags, they sing about going to as they called them “gypsy women.” We know now that gypsy is a racial slur, so we don’t use that word, but for the sake of history, seeing gypsy women and doing different roots and workings on people, and spells. Blues is the music of Hoodoo. Aunt Caroline Dye has a lot of songs about her. I can put links to some in the show notes.

Her gifts as a seer, meaning she could predict things that were happening in the future, things that are going on now. She could read people’s energy and that gift manifested when she was young, actually. She predicted that a family member who most of her family thought had died—they hadn’t seen this man for years—thought he was dead somewhere. She was like, “Nah, Uncle So and So ‘bout to come visit tonight.” They’re like, “Umm, Caroline, Uncle Dadada is dead. He’s not coming—” Lo and behold, Uncle So and So walked in that door and that was one of the earliest accounts of her showcasing her gift. I think she was a child, maybe teen, when this happened. Eventually, she was taken to Newport, Arkansas and between the years of 1890 and 1920, people in the community really started recognizing her as a seer. There’s records of lines leaving from her home and also I just wanna note, during my research, I didn’t see the transition of her being born enslaved into then being free. I don’t know when she officially was on her own, but she did marry and she lived with her husband in Newport, Arkansas.

1890 to 1920 she was super poppin’. People in the community knew that she was a reader, particularly in Arkansas and in the mid-south, that is who you went to when you needed questions answered around things going on in your life. There were some accounts of children and other people—people would travel in from all over the state and different parts of the south to come see Aunt Caroline Dye for readings. There was actually a specific train that they used to call—I can’t remember the name—oh the Caroline Special. People would hop off a specific train—they knew, ‘Oh, it’s Friday, everybody gon’ get on the train and go to Aunt Caroline’s house for a reading.’ There was a story about this little girl who used to charge people 10 cents so that she could show people where Aunt Caroline lived. She was making money off of showing people where Aunt Caroline lived. Aunt Caroline was poppin’, okay?! She used playing cards to do her spiritual connection but she didn’t use anything else. She didn’t have a bunch of altars or anything in her house. She didn’t do anything particularly odd or special. People who have seen her noted she just would go in there, you would sit down, and you would just get read. She would put her hands over her face and kind of rub her face and close her eyes, and that’s how she would read. or she would use the cards but that was it.

A lot of people went to Aunt Caroline around readings for losing items. She would help people find lost jewelry, lost items, and loved ones that they couldn’t find. Loved ones that they were tryna connect with. Lost cattle and animals, people would go to her for and she could tell people like, “Yep, the cow walked away or somebody stole your pig and it’s down the street. Make a left on this street, go up this street,” and almost every time people would follow her directions and they would be able to find their lost items. She didn’t charge for

her readings, which was interesting. She never charged. What she did charge for—she was a business woman, y'all. Mind you, she could not read or write. She was not literate in standard English but she was a fabulous business woman. She started to sell plates because she had so many people at her house, and the lines would be so long, and people would be waiting here all day to get a reading, that she started selling plates. People would buy food but she didn't necessarily charge for her readings. Regardless of her not charging for her readings, people always donated to her, even if it was Black folks in the community who didn't have much. People always tried to give her a little something because she was so accurate and she was so valued, which is something that—God! I feel like seers and readers and people who are looking for someone to give divination these days, it's just so not valued (laughs). It's just so people expect to get a lot of things for free, but that's my—I'll go on a tangent about that.

She did not charge but she was taken care of and she had hella money! I even think people really knew how much money that she had because she would put it away and invest in her community. Invest in different lands and properties that she could own. And she ended up getting all that bread from people bringing that to her because they saw the value in her work and how important that she was to the community. She was hella accurate. She refused—I really love this—she refused to do readings about love, love lives. It was a quote that was like, “You need to sort out your love life on your own. I'm not giving you no reading about how to get your man back. I'm not giving you no reading on what your woman doing when you gone. I'm not giving you no reading on if that is the person of your dreams. I ain't doing that.” She did not do readings on love and she did not do readings, if you think about the time frame, around the outcome of World War I. That's where she drew the line, she did not talk about World War I and she did not talk about love (laughs). Come on! Boundary setting, this is what we can learn! Those of us who are doing spiritual work and readings, this is how we can learn how to boundary set! I'm not doing readings on that!

45:04 She also would do readings for prominent businessmen in the community. She mostly had a lot of Black clients, but white people came to see her, too. The rich white people in Arkansas came to her a lot. A lot of them would not even make a business deal if they did not see Aunt Caroline Dye first. If they did not make sure that, “Should I put my money in this pot, Auntie? Should I put my money over here? Should I do this? Should I make this move? Should I not?” She consulted them. A lot of them used to come, it's documented, late at night 'cause they didn't want other people knowing that they were going to see Aunt Caroline Dye. But she would keep their finances in order 'cause she would tell them, “Oh no, you can't do that. That's not a good business deal,” and they gave her—during that time, she would be given \$100 from them which was a shit-ton. Shit, somebody give me \$100 for a reading, fine. Which was a lot of money between 1890 and 1920 to be giving for a reading. She was amazing. A lot of people referred to her as a gypsy woman. Some people referred to her as a two-headed doctor or Hoodoo woman. I think more accurately she was a seer. She would be able to see into situations in the future. She would be able to see what people are experiencing now. There were so many different accounts of people who were skeptical of her and they would say that before they went in like, “She can't help me find my lost cattle.”

Then they would go in and she'd be like, "So, you don't even think I can help you find this lost cattle but Imma help you. It's down the street dadada" (laughs). She would say and they would always be shook like, "Damn, how she know I just said that?"

One time, someone had stolen someone's cattle, I believe or stolen someone's something and they were like, "I think someone stole my stuff but she can't help me find it." And she went in there, she said, "Well if you had gotten over your own thoughts about me not being able to help you, if you had come earlier, I could have helped you. But now they done went and stole your stuff and it's gone. I don't know where they went. They ain't even in this town anymore. If you had come earlier, if you had put aside your own little thoughts, you could have got a reading and I could have told you what happened to it, but now your cattle and stock are long gone." She was an amazing, amazing, amazing, amazing seer and I think she would be a really great person and is a great person to uplift and to remember, as we come from people who were able to do this work, and did this work, and were highly respected in the communities. And were highly sought after and she didn't need degrees. She didn't even need to know how to read or write to be able to secure—she was securing bags, y'all, 'cause she was just that gifted and she was investing in her community. And she was doing it all for free but this was in a time where a lot of people did readings and things like that for free because the community took care of them. The community still would give donations. The community would still bring some sort of gift, and honor her, and tell people about her so other people would come and engage and she could be sustained. Because she was an important part of helping people live better lives, and navigate their situations, and find their lost stock or find their jewelry, and find their people. Connecting Black people with each other who were lost, especially during this time where it was so hard for us to connect with each other. Our bodies were transported in so many different ways, different places, it was really dangerous—still is, but in a different way now—dangerous for Black people to even be out and in community 'cause you just never know if somebody wasn't gonna come home. She would be able to give really clear details around where people were and to connect.

She was a baddddd witch, like I talked about Tituba last week, that was a bad witch. Auntie Caroline Dye was bad witch. I think she would be a good person to—if you are trying to do some type of work around business, if you're tryna increase your funds, for those of us who are mediums and seers—she would be a good person, I think, for us to talk to and uplift and wanna connect with because she did the work and we can learn a lot from her just by reading her story, but also connecting with her spiritually, if you have a collective altar. Putting Auntie Caroline up there, she seems like such a really powerful and sweet woman. When I was reading about her I just had to stop and say a prayer, and say her name, and uplift her, and thank her for the work that she did and clearing the way for those of us who have gifts similar to her. And just wanting to learn! If you're tryna have a better business, if you're trying to increase your business around your spiritual work, you might wanna talk to Auntie Caroline. Now ion know if she gon', ion know all of that. You should just see, see how it works for you. She was a fine business woman, a fine seer, and an amazing, amazing, amazing woman. She did the work that a lot of us are being called to do and that we have to figure out how we can do in this day and age. But all praises to Mama, Auntie Caroline Dye!

Look her up, y'all. Really, really, interesting and fascinating stuff about her. Iba sé, iba sé egun. Thank you so much to the mothers who made it possible for us to be here, and to create a life, and to have a life surrounding our spiritual work and practices. That was our Black History, Black Magic segment of the day. Hope y'all enjoyed that.

51:11 [intro snippet plays]

51:15 Okay, so I actually feel like that was a perfect segue, that was not planned. But just in speaking about money, and Caroline Dye, and securing bags, and giving back to your community, and doing this work, and I'll say again MONEY. I wanna talk about money today because I think that besides love workings, besides trying to bag a nigga that don't need to be in your life anyway, the next thing that people are super concerned about and wanting to do rootwork and spells or whatever you wanna call it around, is money, securing bags, finances, prosperity. That is a huge, huge, huge, HUGE need and desire and ask of a lot of spiritualists who do rootwork and other spellwork for people, is money, money, I need money. Valid, valid, valid! We need money to live our lives. We need money to do pretty much anything, even if you wanna live off the grid with no money, you need money to be able to buy a plane ticket to go somewhere to live off the grid. We need money, we need resources. So, I am gonna start this off with giving you all some tips on money workings and how to do money work.

You can always do a jar. Jars are container spells that are used to bring about pretty much whatever. You can do a jar for anything. You can do a jar for hex, you can do a jar for love, you can do a jar for money. One thing that you could do in your money jar is you would add herbs and other materials or ingredients that bring money or represent money. Some of those herbs—betta getcha pen and pad out! Some money herbs to use are Cinnamon, that is a good, quick, fast money herb. Basil is a money herb, it's also a house blessing and overall blessing herb. Basil is good for a lot of things. Allspice, great for money. Ginger is a HOT herb, hot money herb! Also, it will speed up the work a little bit, get you money even quicker. Nutmeg another money herb. Good to take some Nutmeg herb with you to the casino, another fast money herb. Put that in a little satchel if you doing some type of something where you need to get money, or win a game, or you playing poker or something. Get you some Nutmeg, bring that with you. Thyme, another good one. And a little tip, y'all know the pie—not seasoning, but there's—yeah, it's like a seasoning thing and it's called Pie (laughs) that you would use in an apple pie, and it's already mixed up. That is pretty much all the herbs that are in that pie seasoning, are money herbs. I think it's like Cinnamon, Nutmeg, Allspice, I don't remember exactly what's in the pie herbs. But that's an easy thing to keep in your cabinet if you wanna do money working or you wanna make some pie! Who don't love pie and money!?! You can use it double times 'cause all the ingredients in it are literally—it's just a straight money ingredient. That's a lil tip. Get that lil' pie jawn.

Candles—oh I'm sorry, let's finish this. You can put some of those herbs, whatever you're feeling led to. Five Finger Grass can work as well. That's an herb for obtaining favors and some of those favors can be money depending on how you're pairing it with the other

herbs. You can put some Five Finger Grass in there. Oh, it's another one, moss—Irish Moss. Let me not tell you wrong—hold on, imma look this up real quick. Oh wow, I was definitely right. That kind of came to me, I didn't write that one down, but yes, Irish Moss is for good fortune and money matters, business, and also gambling as well. I said Nutmeg, also carry a lil' Irish Moss with you. Whatever iteration of these herbs that you wanna use or you find your other herbs, you could put that in a jar and in that jar, what you also wanna add is money! I have a money jar that I actually don't really work anymore 'cause I don't need to at this point in my life. Actually yes I do, who am I kidding? I just haven't worked it in a really long time, I haven't been called to. In that jar, you wanna put fifty dollars, you wanna put a hundred dollars. You gon be like, "Really juju? So you want me—I'm tryna get more money, so you want me to put large bills in a jar to not spend but to be used for a working or spell?" And I'm gonna say, "Yes." 'Cause you need to tell the Universe what you are trying to bring into your life. What are you trying to multiply? So you wanna put a hundred dollar bill in there, you wanna put a fifty dollar bill in there, you at least wanna put a twenty. So you got your empty jar, you got your herbs, you got your bill or whatever represents the currency wherever you are. You can put a lil' oil in there—now you done made a money oil 'cause you got the herbs in there, you got the coin. You're gonna wanna put a little bit of—I usually use almond oil, you can use olive oil, you can use vegetable oil, whatever kind of oil. Not too much, you ain't gotta fill up the whole jar, you're just covering the money. Make sure the money is covered with it.

In there, also, you wanna write a petition. I don't remember what episode I talked about a petition in, but honestly, Google is free. You can look up how to write a petition even if you don't wanna do it the traditional way, the nine across, the nine down. 'Cause it's gon be really hard for me to explain and I'm not gon' explain that. Just write out what you are tryna manifest and be very clear about what you're tryna manifest. Be very specific around what you're tryna manifest. It's always good to have a specific number that you're tryna manifest, so if you need two hundred dollars for something, you can write down "I have obtained two hundred dollars to be able to do blah blah blah blah." And you fold that on up and put that in the jar too. You can put whatever you want. Quick and to the point. Quick, to the point and specific. Or you're just tryna gain more money in a specific business venture. You wanna make sure that you are getting your money's worth out of a thing. You wanna make sure that your job gives you a raise. Write down what kind of raise that you want, put that in the jar. I would stick to just one petition in a specific money jar. Again, you have your jar, it can be a lil' mason jar, it doesn't have to be huge. You have whatever herbs that you decide—oh, normally people like to do an odd number of herbs. I usually do an odd number, that's just sort of a thing. It's just a thing. Using odd numbers. You have your odd number of herbs or materials. You have your bill—we ain't putting no one dollar bill in there. Get you a good bill, at least a twenty. At least! And a little bit of oil to cover it up and your petition.

You wanna shake that up. Some other things that you can do as well is put some money on your ancestor altar. Sometimes we have money blockages because our ancestors have debts that they ain't pay, which unfortunately, we inherit their debts (laughs). So putting money on that altar to give to our ancestors to flip and to also pay some of their debts that they

might have—spiritual debts, debts in the physical realm, whatever. Putting the money on there shows, “I’m putting this towards the debt, so if there’s a blockage for me, may that blockage be removed because I’m paying your debts on behalf of you and/or offering you money to flip.” That’s something else that you can do. Also, getting dirt from a bank. Dirt from places that make a lot of money or have a lot of money present on the land. Bank dirt, you can also use in some type of container spell, like the jar I’m talking about. If you wanted to make a mojo bag, you could put different prosperity herbs, bank dirt, dirt from I don’t know, some billion dollar company. I don’t know how you get the dirt from them, but just bank dirt. Pretty much anything that reminds you of money. Gold, real gold, gold chips. Anything that generates or represents wealth, even if it’s just to our ancestors, what represented wealth to them, you can use that in prosperity workings and that energy is—you’re creating a space, a container of wealth energy. So in doing that, that is attracting wealth to you and prosperity to you. It’s all about your intention, mostly, and then also the energy of what you are using and what you are working. Using greens and golds ‘cause people can generally set their intentions mostly on those particular colors, but you can always use white too. You can use white for pretty much anything—white candles, so on so forth.

1:01:29 Oil lamps, you can do this in a lamp. In the diyas—instead of doing a lamp in the old school lamp fixtures, but using a diya. Putting the oil in there, putting the herbs, putting a wick in it, lighting it. You can do that. There’s so many options, so don’t feel limited. There’s prosperity workings all over the internet. See what calls you, if anything from this podcast called you, try it out. Work it out and don’t forget you gotta pray! Whatever you end up creating, if you do some container working, you doing some magic, you doing whatever in the jar, you shaking it up, and you’re saying those affirmations. Close that jar on up. Shake that muthafucka. Shake it and when you’re shaking it up, you are speaking out loud everything that you’re tryna bring about. Like, “Okay this money jar was made so that I’m bringing money to me. I see this amount of money coming to me by this time. I am open to receiving money. I am worthy of money. I need money to do this thing and I have it. I’m thanking the working already for working on my behalf to be able to get me this money and secure this bag. I am abundant. I am a prosperous being.” You are speaking life and you are speaking all of the money that you deserve over your life. You are speaking it as if it is already there and you just need to go pick it up.

Let me read this little card that I have of a money affirmation that I really, really love. On one side of the card it says: *I am open and receptive to new avenues of income.* But on the back it says: *I now receive my good from expected and unexpected sources. I am an unlimited being, accepting from an unlimited source, in an unlimited way. I am blessed beyond my fondest dreams.* I really like this affirmation because I love the whole—I receive money and I receive good from expected and unexpected places, ‘cause sometimes we think the only way I can receive money is from my job every two weeks and if they don’t give me a raise where am I gonna get money from? There’s so many different ways to get money. There’s so many different ways. Money is all around us and so being open and letting the Universe know: “I know that I get paid every two weeks from this expected place, but I’m calling on the money that is in the unexpected places! The places that I’m not even thinking

of being able to touch. I speak that money into my life too.” And understanding that we are unlimited divine beings surrounded in a Universe that is also an unlimited divine sphere of energy. And that can replenish and give us wealth in so many different ways, I’m not just talking about monetary, dead presidents on paper wealth, but just generally. There’s a lot of wealth and resources around us, even though people are tryna take it away and it is being used in ways that it was not intended to be. We can still tap into the divinity of where we are living and ask to receive the blessings that we deserve.

And remember I talked about earlier, we have to demand what we deserve. Ain’t nobody gon’ give it—we have to demand and not exist in that lowness. Remember I was talking about that lowness? We have to do that. I think that we have—and specifically, I’m talking to Black people always—a lot of us do, though—such a strange relationship to money. And we have to change that. Because we can do all the spells, we can say all the prayers, we can appease all of the deities of wealth and riches and money. If we do not change our inherent relationship to how we think about money, we will forever be a blockage to be able to receive what we are owed. Okay? So this is not—everybody ain’t gon’ be no millionaire. Everybody ain’t supposed to be no millionaire and the millionaires that do exist in this society—if you are a millionaire, that means that you have stepped on a lot of people’s toes, that you have broken a lot of people’s necks and backs to be able to get there. That’s why there is such a wage gap, that’s why there are people who literally can not have anything. And there’s people who have billions of dollars. There’s people who have access to trillions of dollars. We can’t even conceptualize what that even means. How our country is in trillions of dollars worth of debt. What the hell—does that even mean?!

I’ll tell you what it does mean. It means that there are resources and capital that exist in this world that can be accessed. They just need to be redistributed and we can fight for that redistribution politically, and in what we align ourselves with politically, and all of that shit. We can also align ourselves with that spiritually. We can also align ourselves with that Universally. And that’s by claiming the things that are already ours. The reason that it’s possible to say that there are people with billions of dollars or access to trillions of dollars in this country, is because of Black people! It is because our Ancestors created the capital! Our ancestors’ bodies were the capital! And they weren’t just the capital, their bodies that were the capital, also their hands worked and the labor that they produced, then created a system where other people had access to that money. It created an agricultural system that was lucrative. It created the tobacco industry. It created the cotton industry. It created the sugar cane industry. All things that we use, all things that are capital, and all things that were built by the hands of our ancestors. So, I feel like a lot of times, people—at least in spaces that I’m in, which is often movement spaces—we talk about capitalism a lot. And we always are tryna toggle with what it means to be anti-capitalist in this society. As I was saying before, if there are billions in this country, that means that somebody didn’t get paid what they were supposed to get paid for somebody else to be able to be a billionaire. I am inherently against that, I am an anti-capitalist.

Let me give y’all the definition of capitalism to ground this. Just a simple quick Google search. It’s a noun: *an economic and political system in which a country’s trade and*

industry are controlled by private owners for profit rather than the state. Some synonyms are: *private enterprise, free enterprise, private ownership, privatized industry.* There's some more and it goes down to *individualism.* Okay. So that's how we understand capitalism. For example, people talk about private prisons a lot. A lot of the times why private prisons are terrible—prisons are terrible, period. Why private prisons are so terrible is because people are weaponizing this use of safety, which we all wanna be and we deserve to be safe. But companies, and business people, and individuals weaponize this concept of safety to be able to then say, “Oh, but we're gonna create jails so that we can take all the bad people and put them in jails. Y'all want that right? That contributes to your safety, right?”

But they don't talk about how, first of all, the numbers have already said that jails don't create safety. Data-wise—let's just get down to the data. The data does not say that jails make communities more safe and they do not rehabilitate anybody who was in those jails to come out of the jail and then contribute to society in a way that is productive and loving. They don't do that. But capitalism is the reason that those private jails exist, because they make buku money off of bodies. They're able to make—that individual who owns the jail or those individuals or those corporations that own those jails—are able to make a ton of money just because they own it. They aren't necessarily doing any work in the jail. They're not contributing anything. There's no rehabilitation going on, but they are just able to get all of these resources and money just because they own it. They can make money off of people. Because it is now a business that they don't have to contribute much to, of course they're gonna want more people to be able to go to jail. Because more heads in jail, that's more money in my pocket. And more heads in jail, we can actually use those people for slave labor, 'cause people in jail and prisons are doing slave labor, if you did not know that. They are not getting paid and they are—oh God, y'all—doing a range of things, whether it's agricultural work that literally mirrors, that is similar to enslavement of our ancestors. Or just doing work that they're not getting paid for. They're not getting paid, the people in prison are not getting paid. But who is getting paid is the people that own it. That is an example of capitalism. People who own—owing shit, getting paid, and really not having to do any work. All they actually needed was enough capital to be able to buy a thing and say that it's theirs. And the people who actually are doing labor don't ever receive the benefits of that labor. Boom. So I am extremely anti-capitalist.

1:13:21 That might have been a bad example because I just don't fuck with jails period, capitalism or not. Jail is a business, but even the people of Walmart, the employees in Walmart—Walmart has terrible labor practices. The people who are working in Walmart barely make ends meet. The people who are making the things sold in Walmart are often people in foreign countries who are getting paid a penny a week, but the owners of Walmart, though—business men, white men, generally—are able to get all this—are billionaires just because they own Walmart! They ain't putting nothing together, they ain't building nothing, they ain't no cashier, they ain't doing nothing. And they can't even give the people who are doing the work healthcare or just any basic human rights. But they're able to just benefit from it because they had the capital to be able to say “I own Walmart. And because I own it, I deserve all of the money from it, and not the people who are making it run.” I am fundamentally against that, but I think—to get back to what I was talking

about—I think being in those spaces when we talk about that, sometimes it feels like this understanding of capitalism has been skewed to then mean that money is inherently evil and that no one actually deserves or should have money. Money just needs to be eradicated as a concept. And maybe, I think that the ways that we understand and the ways that money is being weaponized against us is inherently evil. And I think even the Bible contributing to this “Money is—” what is the thing? I can’t even remember. “Money is the root of all evil.”

I don’t think that (laughs). I really don’t think that. I think that money is a way that we have been taught or learned, generally, to exchange goods. Capitalism, in *this* way, is definitely new, and western, and white. But capitalism itself is as old as our ancestors. Having something to exchange for something else, whether it’s barter, or gold, or rice, or a calf, or an animal, or pigs—exchanging that for something else is not unheard of. Our people were actually very good with money. Our people were very good at bartering. Our people were very good with exchanging golds and pieces for something else. So I don’t necessarily think that money itself is evil. It’s energy. Energy is not inherently evil, it just is. Money just is. And we have to get away from this idea that it is inherently evil. That means: “I don’t want it. I don’t need no money. We can live off the land, dadada.” No, we need money, y’all. We need money. I think that the focus that we put on money is ridiculous. The ways that money is being used and people aren’t being able to access money is ridiculous. But money itself is not bad and it’s okay to want it. It’s almost like it’s bad to say that you want some money or that you need money. We fucking need money! So we have to literally change how we are engaging and talking about having access to money, to be able to get money. Because if we keep saying money is bad, if we keep saying that we don’t deserve money, if we keep saying, “Oh we don’t need it, money is inherently evil,” then you are literally blocking money from coming to you. Just from the power of your words and just from your mindset around it. Because can’t nobody gift you something that’s already yours. Like I said before, Black people CREATED, and were, and still are capital. So we need to figure out how we stop, again, existing and taking on this concept of lowness. And decide to be like: “No, actually, this wealth is inherently mine. These resources are inherently mine.” And I think it can start just by saying that out loud. Waking up everyday: “These resources are mine. I receive the good from expected and unexpected resources because it’s already been paid for, for me. My ancestors paid for it ‘cause my ancestors were it! Because my ancestors created it!” I hope that is making sense. All this shit is just energy. And people can use and manipulate energy in whatever ways they want, and they have used and manipulated money in ways that has just been disgusting, and terrible, and horrible.

How can we use and manipulate money in a way that matches the energy that we’re tryna put out? We are unlimited beings. Money is all around us. Niggas are in trillion dollars—that means there’s trillions, zillions of dollars around us. How can we counteract the energy that is being placed on us by society, by the systems? How can we counteract that? Especially when we’re talking about reparations. The money that is owed to us, that is owed to Black people, for creating the capital. We gotta stop calling reparations when a white person sends you five dollars on Cash App, like “Oh, I’m collecting my reparations.” That is not reparations. Reparations is the money and the resources, not just the money,

but the resources that we are—that is our inheritance! Our inheritance is more than five dollars in Cash App, okay?! Our inheritance is five hundred plus years of enslavement and being disenfranchised by a system of people who weaponized the energy of money against us. So we have a choice to decide how to counteract that. Like I said before, politically and also spiritually. That is reminding yourself that you are not low. That you are an unlimited being, who can accept from an unlimited source, who has an inheritance that you can claim. So say it out loud everyday. Tell yourself that you deserve money. Money is not bad. Money is not bad. Money is bad if you make it bad. Greed is bad. Fucking over other people so that you can have a dollar is bad. And under capitalism, the ways that we access pretty much everything that we have means that somebody's neck had to get stepped on and somebody didn't get paid for that. But that doesn't mean that the MONEY is the source of somebody's neck getting stepped on. It's the people in control of the money. So I want us all to be able to have access. We deserve that! We deserve nice things! I don't give a fuck. I know that's not really cool to say anymore. Maybe it's capitalist, people look at it as capitalist to say: "People deserve nice things." I want people who have historically been marginalized to have nice things. I'm not shaming a muthafucka who gets their tax return and goes and buys a chain. I'm not, because we deserve nice things. We have had nice things before. It's okay to desire that. At the same time as wanting to eradicate capitalism. And eradicate the people who are using money and weaponizing it in a way that people are dying, and not able to have access to their basic human rights.

But the culprit is not money, so change your relationship with that right now. We are historically a people who are good with money. Period. And society has told us in so many ways that Black people are bad with money and we don't know what to do when we get a lil' bit of coin. That's because our inheritance is so large and we don't have it! We don't have it, so people who are doing reparations work, that's a powerful work. But it has to exist beyond legislation. How are we gonna show up and decide that money is ours? How are we gonna take what is rightfully ours? Again, the blockage of the year! I'm sure Aunt Caroline Dye knew that she was deserving of money. She didn't charge for her readings but she secured bagssss, y'all. Bags. Bags. She didn't have to accept—she lived in a time when Black people were—she was born enslaved, an enslaved woman! People say she used to bury gold in Arkansas. She would just bury money for people to find. Community, that's another point I wanted to uplift. When we're talking about being—it's okay to have nice things, it's okay to have money. How are we sharing that wealth with people in our community? How are we sharing resources with people in our community? These are the things that we have to be thinking about when we're saying that we wanna have more money in our lives. These are the questions that we have to be saying out loud. We have to be burying money for our future generations or for the people in our communities.

1:24:51 We have to be sharing wealth, we can't hoard. That's the problem. When we hoard and greed. That's the evil! The money is not the evil. I want us to have money, shit, I want money! Ion care! Ion care, I want money. I believe in money 'cause I know it's just energy. Sometimes when we're not able to access money, spirit's tryna tell us something. Sometimes it's just that. I lost a lot of money—y'all know I lost, if you listened to episode 2, I talked about losing \$1,000 just because I sent it to the wrong person on Cash App. Cash

App couldn't do nothing about it, my bank couldn't do nothing about it, and the person who took that money who it wasn't supposed to go to blocked me from Cash App. Couldn't get in contact wit'em. Why did that happen? 'Cause one, I was being simple. Two, I shoulda never been sending that money. And it was the second time I did something that my ancestors didn't approve on, that I didn't divine on—second time! Sometimes spirit's tryna get your attention and the only thing that gets a lot of our attention these days because we need money so bad is through lack of money. Spirit be like, “You are not doing something right, baby. And you don't listen to me unless I take some money from you.” And that's the thing that gets us, like “Oh shoot, something going on. I gotta change my life. I gotta get my life together, Lord. I gotta get this thang together, I gotta do this, I gotta do that 'cause I'm losing money. I'm doing this.. I just lost this again.. Why is everything bad happening to me?” 'Cause it's something that you're not listening to! That is often how we block our own shit. Just by not listening to Spirit. So make sure that you're paying attention.

There's a lot of systemic things, and I'm not taking away from that at all. There's a lot of systemic and institutional situations that are happening that block us from money. But we also block ourselves from money a lot! And that's what I'm talking about. We can counteract that! We can! Black people are not bad with money. Other people are bad with money (laughs). We ain't bad with money, we just tryna get some. But we have to remember that we are deserving of it and don't let people shame you for wanting something nice for yourself. Don't let people shame you for wanting something nice for yourself. All this shit I'm saying, is the energy that you have to have when you're doing that spellwork and you're doing these workings. Or when you're saying I want some more money in my life, you have to ask yourself, what is your relationship to the energy of money? What is your relationship to it? Start saying “Money is always around me.” I don't got no—oh this is a HUGE thing. Oh my god, how did I almost forget this? Stop saying you are broke. Ion care if you really are broke, you betta lie through ya teeth. Stop walking around saying “I'm broke, I ain't got this, I ain't got that, I ain't got no money, I ain't got—” Noooooooooo, no, no, no, because what you're doing in those moments—we are powerful people, do not forget, what we say vibrates throughout the Universe. Period. That's why you even listen to this podcast 'cause you know that you have some power and you know you can change things just from intention. Just from intention. Lit—just from intention. Just from your words. If you are out here saying that you're broke, that is an affirmation that you are broke. So you're telling the Universe that you're broke, so what's the Universe gon' give you back? What you putting out, broke energy! Don't put no broke energy out here, even if you ain't got all the money that you want, you can say that. If you go out, you see a nice shirt but you're “broke” and you say, “Oh, I'm broke, I'm not gon' buy that 'cause I'm broke.” No, you're not gonna buy that because that's not what you're gonna spend the money that you have on. You're not broke. That's not what you're spending your money on in this moment, and that's okay! Stop saying all these negative affirmations about ourselves, in general, even in jest.

All the “Oh my god I'm so stupid hahaha.” No you're not. We have to stop—I literally stopped doing that. I was self-deprecating as fuck. Jokingly, alladat. I don't do that anymore 'cause I have a power, I have gift of manifestation through the tongue. I cannot

say things like that. I'm not gonna walk around here saying I'm broke even if I don't have the money that I want. Even if I don't have the things that I want. I'm always wondering, so what can I do to be able to get those things in the most effective way and in the way that steps on less necks? I feel like I'm going so hard today (laughs), I don't know. I just feel really fired up about this because I hate to hear people tell themselves that they're not deserving of a certain kind of energy. Yes you are! You created—your people—this is your inheritance! Your people created this. This was born out of the wombs of our mothers, Black people. Created capital in their bellies. No! With our hands, with our tears, with our sweat. Reparations is a very spiritual process, too. To be able to get reparations, we have to change our relationship to this shit, completely. We do not have to believe what an oppressor tells us about what we should understand about money. Or what good money is or bad money. It's all energy! It's all energy and it's how things are used, just like anything else.

And remember that when we do have that, what is our responsibility in taking care of other people? Let me tell y'all something, when I get money, I'm sending money to my niggas, always! That's what I do, 'cause it's energy. It's not mine, it's just something I picked up that we all deserve. If I got it, I'm always sending it to my people. I'm always sending it to people who are doing work. I'm always sending it to people who might need to share in that energy with me, because I know I will get it right back. And usually, increased. Usually, flipped. 'Cause I have changed my relationship to that dollar. I don't look at it as my end all be all and I don't look at it as something that I don't have access to, or that I don't deserve, or that is not good for me, or that is inherently evil. It is something that I need to survive and it's also something that I will partake in because I be needing extra shit. And I want nice things too (laughs). I do, the fuck? I like beauty, I like art, I like to engage in those things. Those things cost money and because I came to this Earth and I like music, and I like to go to concerts, that means that I deserve to have money to be able to get to those things. We all do. And so imma get it! And Imma go to those things and imma do things that I want even if people—we have to—I'm saying all this because it's so crucial. Because money is so important and people are always talking about prosperity rituals, they're always talking about doing workings around it.

What is your relationship to it? I want you to write about it and think about it. Do you think that you're worth it? Do you think that you're not? Do you not believe in money? If that's the case, if you don't believe in money, you not gon' have it. If you think it's fu shit, you not gon' have it. But it's not fu shit because it was created by our ancestors. And we can change the narrative of how it is used and the energy around how it is used. And use it to be beneficial to people and to uplift people, and to help our neighbors, and to help each other. But I'm deserving of it and I'm deserving—shit. I'm deserving of getting my hair done and being cute. I'm deserving of the wigs that I want. I'm deserving of all of it. 'Cause it all costs money. So if you are wanting to increase the money in your life, you have to first, change your relationship. Can't do no spell, can't do no nothing if you can't affirm that you are deserving of your inheritance. If you feel you are not deserving of an inheritance, you will lose it. White people know that they deserve—white people tell themselves that they deserve money. That they deserve capital, they tell themselves that they created the capital and they

have the capital. Okay? We can tell ourselves the same thing. We need to be telling ourselves the same thing, 'cause what they're saying about they created it, is a lie. So we can tell the truth.

Money is all around us like I said. Trillions of dollars, what the hell? It's trillions of dollars that exist, that means there is enough. We are not lacking in the energy of money, it is around us, so how are we going to try to obtain it? There are many ways to do it. Don't forget, spiritually is a huge, huge, huge way to be able to do it. And imma get off my soapbox 'cause I'm fired up! But I want us to have—I want us to secure our bags 2019 and beyond! I want us to. There's nothing wrong with that. There's nothing wrong with securing a bag, nothing! What you do with that bag, how you get that bag, yes. We gotta figure that out, we can't give into privatization bullshit that we talked about. But our people were good with money. Okay? Our people were good with exchange. Our people were good with barter. We had our own concepts of money. There's nothing wrong with that. It has existed for a very long time. How it is being used now is the problem. But we don't have to do that, okay? So this is a spiritual revolution around finances, too. And being anti-capitalist does not mean that we don't deserve things that are nice (laughs). That we don't get to spoil ourselves through things. It's the ways and hows. But look (claps), secure the bag 2019, period. I'm getting off my soapbox but be blessed. Get your coins, boo! Get your coins! I'm ready! I'm ready!

1:36:29 [intro snippet plays]

1:36:33 Okay, I want to thank you all for tuning in for this episode of A Little Juju Podcast. I had a lot of fun recording it today. I was just so fired up, I don't know. That really came out of nowhere (laughs). If you want to reach out to me on social media, I am [Juju Bae](#) on Facebook. I'm kind of on there. For sure, on Instagram [@itsjubahae](#). I'm actually on Twitter now, look at that, it's also [@itsjubahae](#) on Twitter. Hashtag the show if we wanna stay in conversation around the show so I can see your thoughts on things that I say. If you're tagging the show, if you're posting a link, I wanna see it. I'm following that hashtag on Instagram and Twitter. Shout me out. Don't forget to rate, subscribe, and review on Apple or whatever platform you're listening. Hit me up, I hope you all have a blessed week. I hope you all secure the bags that you deserve, okay, this week. I hope you have health. I hope you have peace and all of the good, good, goodness that this world has to offer. There's a lot of goodness around us, y'all. I want us to get it. I want us to get it all. If you want the same for me, I want the same for you. Have a good week. I love you all. I appreciate you so so much. And remember, all you need is a little juju. Later.

Show Notes:

Juju gives us some healing tips for depression and anxiety, breaks down the story of Auntie Carolyn Dye another bad ass gifted black woman, and goes OFF about 'securing bags' being an inherently spiritual process. It's a mindset, an affirmation, and an energy we all can tap into while still being anti-capitalist. Get into it \$\$\$

A Little Juju Podcast – Episode 16: \$ecure Your \$piritual Bag\$

Akalatunde Reading of the year for 2019

<https://www.youtube.com/watch?v=TyLxXsYLhFc>

Herbs mentioned for depression and anxiety: St. John's Wort (D), Passionflower (A), Gotu kola (D), Lavender (A), Chamomile (A), Kava (A+D)

Aunt Carolyn Dye

<http://www.conjuredoctors.com/aunt-caroline-dye-the-gypsy-in-st-louis-blues.html>

<http://www.encyclopediaofarkansas.net/encyclopedia/entry-detail.aspx?entryID=14>

<https://www.youtube.com/watch?v=5GqPYrDbYe8>

<https://www.youtube.com/watch?v=KbfqzD3RJq4>

Money herbs: 5 finger grass, cinnamon, pie spice, basil, allspice, ginger, thyme, nutmeg & Irish moss (casino)

Candles: white, green, yellow

How to write a petition paper (I can't speak for this site, who owns it, or any other info etc) but this is how I write my petitions besides step three..I don't do that part.

<http://conjureroot.blogspot.com/2012/07/prayer-petition-name-papers-for-hoodoo.html>

Traditional oil lamps

https://www.google.com/search?q=oil+lamps&source=lnms&tbm=shop&sa=X&ved=0ahUKEwjrsbf7tsjgAhUmoIMKHWQxCoMQ_AUIDigB&biw=1440&bih=749

Diya's for oil lamps

https://www.google.com/search?biw=1440&bih=749&tbm=shop&ei=4ktsXPHHK-vBjwSp2pY4&q=clay+diya+oil+lamp&oq=clay+diya+oil+lamp&gs_l=psy-ab.3...20697.21792.0.22075.5.5.0.0.0.153.449.4j1.5.0...0...1c.1.64.psy-ab..0.0.0....0.tG13hJUraTU

Juju Social Media

IG: [itsjujubae](#)

FB: [JujuBae](#)

Donations

To Make a Monthly donation of \$3 (less or more) to A Little Juju Podcast

www.patreon.com/jujubae

Donate to Juju's Book list

<http://a.co/7RvTckJ>

One time donation

Paypal: thejujubae@gmail.com

Cash app: \$itsjujubae

Juju Bae

A Little Juju Podcast – Episode 16: \$ecure Your \$piritual Bag\$

Jujubae website/Dear Juju Letters/Merch
www.itsjujubae.com

If you'd like to be a sponsor of A Little Juju Podcast, please email
thejujubae@gmail.com

Key Words:

Sacrifice, Spirit, blockage, lowness, inheritance, Heal Yo'Self, depression, anxiety, herbs, St. John's Wort, Black History, Black Magic, Aunt Caroline Dye, readings, money, jar, container spell, oil lamp, affirmation, capitalism, relationship, energy